



## **Summer Lunch Weekend Snack Pack**

*The Weekend Snack Pack is distributed each Friday to school age kids who are participants of the Summer Lunch Program and are at risk of going without a meal during the weekend. The Summer Lunch Program is a 9-week long program which provides meals to school age children who are typically on the free and reduced lunch during the school year.*

### **Each pack should include:**

2 juice boxes

Pick 2 items from this list

- Individual cereals
- Pop-Tarts
- Packets of individual oatmeal
- Cereal bars
- Pre-packaged muffin bites

Pick 2 items from this list

- Fruit Snack
- Fruit cup
- Apple Sauce
- Pudding
- Jell-O

Pick 4 items from this list

- Chips
- Pretzels
- Cheese crackers
- Cookies
- Veggie chips
- Fruit Roll-Ups

Pick 2 items from this list

- Mac & Cheese (ex: Easy Mac Cup)
- Ramen Noodles
- Pasta meals (Ex: Chef Boyardee ravioli/cans or microwavable cups)